

COAST COMMUNITY CENTRE

Restaurant: 02 4325 3510

The Coast Community Centre is a hub for practical support services to help homeless, vulnerable, financially disadvantaged and socially isolated citizens on the Central Coast.

The Community Centre is based on the principles of social inclusion and community participation. The overriding aim of the Centre is to assist people to maintain their tenancies and avoid homelessness.



The Centre receives no Government funding and only operates thanks to a huge volunteer workforce, who together serve over 1,100 free meals every week.

Donations of food and clothing is received from community members, schools, local businesses and corporate supporters such as Sanitarium, Mars Foods, Woolworths and Aldi.

MEAL TIMES

| | BREAKFAST | LUNCH | DINNER |
|------------------|---------------------|---------------------|--------------------|
| MONDAY | CLOSED | 11.00 - 1.00 | 6.30 - 7.30 |
| TUESDAY | CLOSED | 11.00 - 1.00 | 6.30 - 7.30 |
| WEDNESDAY | CLOSED | 11.00 - 1.00 | 6.30 - 7.30 |
| THURSDAY | CLOSED | 11.00 - 1.00 | 6.30 - 7.30 |
| FRIDAY | CLOSED | 11.00 - 1.00 | 6.30 - 7.30 |
| SATURDAY | CLOSED | CLOSED | 6.00 - 7.00 |
| SUNDAY | 9.00 - 10.00 | CLOSED | 6.00 - 7.00 |

In addition to free meals, the Community Centre provides a range of services for our guests:

- **Free Legal Advice** every Monday by Central Coast Community Legal Centre.
- **Centrelink Community Engagement Officer** available fortnightly on Tuesdays.
- **No Interest Loans (NILS)** for people on low incomes to purchase essential household items.
- **Energy Vouchers (EAPA)** to help people having difficulty paying gas and/or electricity bills.
- **Pharmaceutical Assistance** to fill prescriptions for clients experiencing financial hardship.
- **Food Hampers** for those in need made up from donated food items.
- **Rentstart Kiosk** provides a link to Housing NSW via fax and phone for Rent Assistance.
- **Shower and Laundry Facilities** are available every day. Fresh towels, toiletries and laundry powder are also provided.
 - Free **shampoo and haircuts** are available for clients every Tuesday



www.coastshelter.org.au

Accommodation and support for persons who are homeless & disadvantaged on the NSW Central Coast

SERVICES AND PROGRAMS



CONTACT DETAILS

Rear, 97 Donnison St
(PO Box 1234)
Gosford NSW 2250

Phone: (02) 4325 3540
Fax: (02) 4324 7876
ABN 46 095 999 287

KARA WOMEN & CHILDREN'S PROGRAM

Phone: 02 4323 1709



Kara is our **family program**, which offers crisis and medium-term accommodation for single women and women with accompanying children.

Kara also operates a **Street to Home** program which focuses on securing permanent sustainable accommodation for families and

then supporting the families to sustain their tenancy.

Clients are offered assistance with parenting, living and social skills. Our ultimate goal is to assist residents to find permanent independent accommodation. We work closely with Housing NSW, Centrelink, Pacific Link Community Housing and other agencies to achieve this.

RUMBALARA YOUTH REFUGE

Phone: 02 4325 7555 (24 hours)



Rumbalara is our medium term **youth refuge**, which provides accommodation for six homeless young men and women aged between fifteen and eighteen. Residents can stay at Rumbalara for up to 12 months.

Residents are encouraged to continue with schooling, training or employment during their stay. Family reconciliation is the main focus however, where this is not possible, clients are assisted to move into semi-independent living with the continued guidance and support from staff.

COIMBA MEN'S REFUGE

Phone: 02 4324 7239 (24 hours)



Coimba is our **men's refuge**, which offers crisis accommodation and support for up to 13 men. It is centrally located within easy walking distance of Gosford CBD and transport.

Residents are offered assistance in finding permanent accommodation.

Staff also assist residents to address issues which may have led to their homelessness (unemployment, alcohol, drugs, gambling etc) with referrals to local support services.

INTOXICATED PERSONS' PROGRAM

Phone: 02 4324 7239 (24 hours)

The Intoxicated Persons Program is an initiative which provides safe protective accommodation to **intoxicated or drug affected homeless men**. Local Police, Gosford Hospital and Coast Shelter work together to ensure that those who are found intoxicated or drug-affected on the streets are safely accommodated.

MAYA YOUNG WOMEN'S REFUGE

Phone: 02 4323 1636 (24 hours)

Maya is our medium-term **young women's refuge**, which provides accommodation for up to six young women aged between fourteen and eighteen. Residents can stay at Maya for up to 12 months.

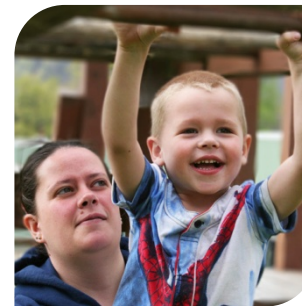


Maya is designed to empower young women and help them to continue schooling, enter the workforce or undertake full time

training. Residents are offered assistance with living skills to prepare them for family reconciliation or where this is not possible, semi-independent living.

WYONG ACCOMMODATION SUPPORT PROGRAM

Phone: 02 4351 0365



The Wyong Accommodation Support Program provides support and **medium or long-term accommodation** for homeless families and individuals in the Wyong Shire.

All clients are assisted to find and maintain their own

accommodation. Staff work closely with government departments, non-government agencies and local real estate agents to help clients overcome barriers preventing them from securing a residential lease.

CENTRAL COAST HOMELESS FAMILY BROKERAGE SERVICE

Phone: 02 4325 3540



The Brokerage Service streamlines access to crisis accommodation and specialist homelessness services on the Central Coast. This is achieved through partnerships between government agencies, businesses and the not-for-profit sector.

An Assessment Group evaluates referrals from agencies to provide a wide range of support to improve service experience and housing security prospects for people facing homelessness.

THESE PROGRAMS ARE FUNDED BY:



Human Services
Community Services